



COLUMBIA UROLOGICAL SURGERY CENTER

Pre-Procedure Instructions for Lithotripsy/ESWL

COLUMBIA UROLOGICAL SURGERY CENTER, LLC. ■ MEDICAL PAVILION AT HOWARD COUNTY ■ 10710 CHARTER DRIVE, SUITE 140 ■ COLUMBIA, MD 21044 ■ 410-772-7080

You have been scheduled for lithotripsy, a non-invasive procedure for the treatment of kidney stones. Risks of lithotripsy include, but are not limited to, bleeding, infection, hypertension, diabetes, injury to the kidney, treatment failure, possible stent placement, obstruction of the ureter, and possible additional procedures.

Please read the lithotripsy pamphlet you received from your physician for more information.

Preparing for the Procedure

1. **Do not eat or drink** anything after midnight on the day of your procedure. You may take your normal medications with just enough water to get them down. Do not take diabetic medications **unless** directed by your physician.
2. **Discontinue aspirin or non-steroidal anti-inflammatory medications** (ibuprofen, Motrin[®], Advil[®], Aleve[®], Toradol[®]/ketorolac) **seven days prior to your procedure.**
3. Arrive as directed on the Surgery Instruction Sheet.
4. The Surgery Center is located on the campus of Howard County General Hospital in the Medical Pavilion at Howard County, 10710 Charter Drive, Suite 140 in Columbia.
5. Be sure to bring a responsible adult with you to the Surgery Center who will drive you home. You may **not** use a taxi.
6. Please remember to **bring all x-rays** you have obtained with you on the day of your procedure.
7. Remember to bring your current health insurance card and picture ID.

Preparing for Aftercare

1. You may expect soreness, redness and bruising at the site of the treatment. This will resolve over the next week.
2. You may have blood in the urine after the procedure and your urine may continue to be slightly bloody or cloudy for a few weeks.
3. You may expect to be out of work for one to two days after the procedure. Depending on the stone location, you may be able to return to work the next day.
4. You may have pain which can be severe at times while passing stone fragments.
5. Call the doctor if you have a fever over 100.4^o, heavy bleeding, or pain and nausea not controlled with your prescribed medications.