



COLUMBIA UROLOGICAL SURGERY CENTER

# Pre-Procedure Instructions for Cystoscopy

COLUMBIA UROLOGICAL SURGERY CENTER, LLC. ■ MEDICAL PAVILION AT HOWARD COUNTY ■ 10710 CHARTER DRIVE, SUITE 140 ■ COLUMBIA, MD 21044 ■ 410-772-7080

You have been scheduled for cystoscopy, a procedure that allows direct vision of the urethra and bladder. There is no special preparation for this procedure.

Please read the "Cystoscopy" pamphlet you received from your physician for more information. If you have any questions, please call us at 410-772-7080.

## Preparing for the Procedure

If you are having **intravenous sedation** during your procedure:

- Do not eat or drink anything after midnight on the day of your procedure, except your normal medications with just enough water to get them down.
- Arrive as directed on the Surgery Instruction Sheet.
- Bring a responsible adult with you to the Center who will drive you home. You may **not** use a taxi.

If you are having **local anesthetic only**:

- Feel free to have your normal meals and medications.
- You may drive yourself home and resume your normal activities.

The Surgery Center is located on the campus of Howard County General Hospital in the Medical Pavilion at Howard County, 10710 Charter Drive, Suite 140 in Columbia.

Remember to bring your current health insurance card and picture ID.

## Cystometrogram

Sometimes your doctor will want to perform a cystometrogram prior to the cystoscopy. This diagnostic procedure measures bladder capacity and provides important information about the muscle function of the bladder. A very thin sterile catheter is placed in the urethra and water is gently pumped into the bladder. The doctor will ask you to inform him when you begin feeling full and again when you feel very full. Although you may feel fullness in your bladder, you should not feel any pain.

After the cystometrogram is complete, the catheter will be removed and your bladder will be emptied. The cystoscopy will then follow.