



CENTRAL MARYLAND UROLOGY ASSOCIATES

Instructions: BCG Instillations

CENTRAL MARYLAND UROLOGY ASSOCIATES, P.A. ■ MEDICAL PAVILION AT HOWARD COUNTY ■ 10710 CHARTER DR, SUITE 130 ■ COLUMBIA, MARYLAND 21044 ■ 410-772-7000

Listed below are general instructions for patients having Bacillus Calmette-Guerin (BCG) instillations. If you have any questions, please call us at 410-772-7000.

During Instillation

The medication will be instilled into your bladder through a catheter. In most cases, the catheter will be removed immediately after the instillation has been completed.

The medication should be retained in your bladder for about two hours to obtain the best results. If you must urinate before two hours, the medicine will still be effective, but let us know at your next visit how long you held the BCG.

Stay active afterwards to move the medicine around in your bladder. If you want to lie down, plan to move positions from side to side and back to front every 15 minutes while the medication remains in your bladder.

After Instillation

After retaining the medication in your bladder for two hours, it must be carefully disposed of in the following manner:

- Sit down on the toilet to urinate and fully empty your bladder.
- After urinating, pour two (2) cups of household bleach (Clorox® or equivalent) into the toilet.
- Let the medication and bleach mixture stay in the bowl for 15-20 minutes before flushing the toilet.
- Repeat the above process each time you urinate for six (6) hours after each treatment.
- Wash your hands and genital areas thoroughly after you urinate.
- Drink plenty of fluids after your instillation to flush your bladder.

Until Your Next Instillation

You may experience some burning and frequency of urination with the first few voidings after your treatment. If this occurs, increase your fluid intake.

Call us at 410-772-7000 if you experience any of the following symptoms:

- Continuous pain or burning on urination
- Bright red blood or blood clots in the urine
- Severe urgency of urinations with incontinence (involuntary loss of urine)
- Severe frequency of urination
- Fever or chills or malaise (generalized feeling of discomfort or illness)
- Flu-like symptoms
- Joint pain
- Prolonged coughing
- Skin rash