

*Central Maryland Urology Associates, PA*  
GENITOURINARY PHYSICAL EXAMINATION – FEMALE

Patient's Name \_\_\_\_\_

Vital Signs (Select any three):

BP \_\_\_\_\_ Pulse \_\_\_\_\_ Respiration \_\_\_\_\_ Temp. \_\_\_\_\_ Ht./Wt. \_\_\_\_\_ / \_\_\_\_\_

General Appearance:

\_\_\_\_\_  
\_\_\_\_\_

Gastrointestinal                      Comprehensive level requires documentation of all elements

**Abdomen** (organs):

Mass: Size \_\_\_\_\_ Shape \_\_\_\_\_ Consistency \_\_\_\_\_

**Liver, Spleen, Stomach**

Tenderness: RUQ \_\_\_\_\_ LUQ \_\_\_\_\_ LLQ \_\_\_\_\_ RUQ \_\_\_\_\_

**Bladder, Kidney**

Rigidity \_\_\_\_\_ Direct \_\_\_\_\_ Rebound \_\_\_\_\_

**Liver and/or Spleen**

\_\_\_\_\_ No Abnormalities    Liver: Position \_\_\_\_\_ Size \_\_\_\_\_ Tender \_\_\_\_\_

Mass \_\_\_\_\_ Location \_\_\_\_\_ Size \_\_\_\_\_

Spleen: Position \_\_\_\_\_ Size \_\_\_\_\_ Tender \_\_\_\_\_

**Hernia**

\_\_\_\_\_ Absent                      Inguinal: \_\_\_\_\_ RT \_\_\_\_\_ LT \_\_\_\_\_

Femoral \_\_\_\_\_ RT \_\_\_\_\_ LT Umbilical \_\_\_\_\_

Stool Specimen \_\_\_\_\_ Not Indicated \_\_\_\_\_ Collected \_\_\_\_\_

**Genitourinary (Female):**

**External Genitalia** \_\_\_\_\_ No Abnormalities Hirsutism \_\_\_\_\_ Lesion \_\_\_\_\_

Caruncle \_\_\_\_\_ Condolomata \_\_\_\_\_ Rash \_\_\_\_\_ Other \_\_\_\_\_

**Urethral Meatus:** \_\_\_\_\_ No Abnormalities                      Small \_\_\_\_\_ Large \_\_\_\_\_

Position: Normal \_\_\_\_\_ Retracted \_\_\_\_\_ Hypospadius \_\_\_\_\_

Discharge \_\_\_\_\_ Other \_\_\_\_\_

**Bladders** \_\_\_\_\_ No Abnormalities Mass \_\_\_\_\_ Size \_\_\_\_\_ Firm \_\_\_\_\_ Soft \_\_\_\_\_

Fullness \_\_\_\_\_ Residual \_\_\_\_\_ Empty \_\_\_\_\_ Other \_\_\_\_\_

**Vagina** \_\_\_\_\_ No Abnormalities    Cystocele Degree \_\_\_\_\_ Rectocele \_\_\_\_\_ Degree \_\_\_\_\_

Entrocele \_\_\_\_\_ Degree \_\_\_\_\_ Other \_\_\_\_\_

**Cervix** \_\_\_\_\_ No Abnormalities                      Inflamed \_\_\_\_\_ Discharge \_\_\_\_\_

Lesion: Size \_\_\_\_\_ Location \_\_\_\_\_ Other \_\_\_\_\_

**Uterus** \_\_\_\_\_ No Abnormalities                      Size \_\_\_\_\_ Irregular \_\_\_\_\_ Position \_\_\_\_\_

Mobility \_\_\_\_\_ Consistency \_\_\_\_\_ Decent \_\_\_\_\_ Other \_\_\_\_\_

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**Adnexa/Parametria** \_\_\_ No Abnormalities Tenderness \_\_\_ Ovaries \_\_\_ Size \_\_\_

Mass \_\_\_ Movable \_\_\_ Fixed \_\_\_ Other \_\_\_\_\_

**DRE** \_\_\_ No Abnormalities Tone \_\_\_ Mass \_\_\_ Hemorrhoids \_\_\_

Other \_\_\_\_\_

**Anus and Perinium** \_\_\_ No Abnormalities Fissures \_\_\_ Edema \_\_\_ Dimples \_\_\_

Tenderness \_\_\_ Other \_\_\_\_\_

**URINALYSIS**

Albumin \_\_\_\_\_ Sugar \_\_\_\_\_ Bilirubin \_\_\_\_\_

DIP: Blood \_\_\_\_\_ Bilirubin \_\_\_\_\_ Bilirubin \_\_\_\_\_

Urobilirubin \_\_\_\_\_ Protein \_\_\_\_\_ Nitrite \_\_\_\_\_

Glucose \_\_\_\_\_ PH \_\_\_\_\_ S. Gravity \_\_\_\_\_

Leukocytes \_\_\_\_\_

Microscopic: WBC's \_\_\_\_\_ RBC's \_\_\_\_\_ Bacteria \_\_\_\_\_

Impression: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Recommendations: \_\_\_\_\_

\_\_\_\_\_

- Procedure Instructions Explained and Patient Stated Understanding
- Procedure Risks and Alternatives Discussed

Physician's Signature: \_\_\_\_\_